

## Social Volunteer Project



### Day Care Centre for children

|                              |   |
|------------------------------|---|
| <b>Reference no.:</b>        | SV 06   |
| <b>Programme location:</b>   | Cape Town   |
| <b>Project requirements:</b> | This program is open for anyone who has a passion for children and who is patient!<br><br>- Basic English understanding<br>- Medical & travel insurance<br>- At least a 5 week length of stay |
| <b>Project length:</b>       | 5 weeks – 6 months  |
| <b>Age restriction:</b>      | At least 18 years   |
| <b>Project fee:</b>          | <b>2009/2010</b><br><b>Euro 450</b>   |

#### OPTIONAL

**3-days orientation in Cape Town: Euro 269**

Start on the Wednesday before project begins!  
Meet and Greet  
Airport pickup to accommodation  
Accommodation (3 nights)  
Township Tour  
Wineland Tour  
Cape Peninsula Cycle Tour  
Cape Town City Tour

## Programme description

In 2002, Johann and Marlena von der Walt started encouraging unemployed church members to care for toddlers of employed parents while they were at work for a share of the wages. This idea grew into a well organised day-care centre on YMCA grounds in Hout Bay near Cape Town.

Here over 140 toddlers get good day-care and five or six previously unemployed ladies have good incomes, hope, dignity and a vocation. These days the project belongs to a trust which makes decisions, appointments, resolves conflicts, etc.

The day-care is self-funded except for the initial set-up costs and for the costs of facilities in buildings on the YMCA grounds.

No profit is made because all income is shared among the caregivers after expenses have been taken out. Charges are as low as possible aimed at about 10% of what the parent earns while the child is in day care. The children have a loving, caring environment. They are taught Godly values, hygiene and simple life skills while enjoying games, fun activities and social interaction.

Three categories of children are catered for at present: babies, toddlers and pre-schoolers.

### The Ingredients

Caregivers and children of working parents are plentiful. Training and support is available from other organizations. Volunteers are needed to assist with management, mentoring and specialist help such as art, music, dance, school readiness and hygiene training. Suitable grounds and facilities are a key requirement for the future. Pledges for building improvements, equipment and additional facilities are an ongoing requirements for any expansion.

### Sponsoring Children

The financial model is that a monthly fee is paid for each child in the day-care so that caregivers can have an adequate income. As a firm empowerment principle, caregivers are not paid from any other source than the parents.

## Volunteer tasks and involvement

- Help in the crèche, playing with the children, supervising them, introducing them to basic skills
- Early Childhood (ECD) education
- Assist teacher in pre-school classes
- Art work: introduce the children to art
- Sport and play with the children
- Sport rehabilitation. There are some children with low muscle tone
- Teach the children basic English as they grow up speaking Xhosa. The children are between 1 and 6 years old

The volunteer would work from 8.30am to 12.00pm and have lunch after that. This lunch is offered by the crèche/pre-school. After lunch is nap time and then play time starts.

The volunteer will then participate in supervising, helping and playing along.

## Accommodation

You will stay in a shared student apartment/house in Cape Town.

These costs are not included in the placement fee.

## Your arrival

On arrival in Cape Town, Kickstart will welcome you at the airport and transfer you to your accommodation.

If you booked the orientation days with us, you will be booked into a backpacker for three nights and experience Cape Town's most popular and famous spots like Table Mountain, the Winelands and Cape Point.

You also get to explore Cape Town via a City Tour and experience a township.

Your Cape Town orientation will start the Wednesday before the day care project begins.

So make sure that you allow for the extra time when you book your flight to Cape Town!

On Monday we will bring you to your project to introduce you to the staff members!

## Programme fee includes:

Placement with Day Care Centre

Lunch at Day Care Centre possible

Airport transfer to accommodation and welcome package

Assistance with finding accommodation and transport options

Welcome and information package (includes important information, vouchers,

Cape Town map...)

Personal contact in Cape Town and network with other international students

24/7 Support from Kickstart

Discounted trips, activities in South Africa

If booked orientation days: 3 nights in backpacker, activities in Cape Town

### **Programme fee excludes:**

Flights to Cape Town and back

Visa costs of 60Euro for a 90days visa (visa extension costs R425)

3 days introduction in Cape Town

Student accommodation in Cape Town

Breakfast and Supper

Transport to and from project

Personal insurance (medical and travel) cover

Personal expenses