

## Social Volunteer Project



### Children Home

<b>Reference no.:</b>	SV 05
<b>Programme location:</b>	Cape Town, 35 km away
<b>Project requirements:</b>	<p>This program is open for anyone who has lots of patience and is good with kids!</p> <ul style="list-style-type: none"><li>- Basic English understanding</li><li>- Medical &amp; travel insurance</li><li>- Good with kids</li><li>- At least 3 month length of stay</li></ul>
<b>Project start dates:</b>	All year round
<b>Project length:</b>	3 months – 6 months
<b>Age restriction:</b>	At least 18 years
<b>Project fee:</b>	<b>2009/2010</b> <b>Euro 450</b>

#### OPTIONAL

**3-days orientation in Cape Town: Euro 269**

Start on the Wednesday before project begins!  
Meet and Greet  
Airport pickup to accommodation  
Accommodation (3 nights)  
Township Tour  
Wineland Tour  
Cape Peninsula Cycle Tour

## Cape Town City Tour

### Programme description

Children in South Africa are at risk due to substance abuse, violence, sexual abuse, HIV/Aids, poverty and many other factors. So many children are found in need of care according to the Child Care Act and placed in a home when no other safe placement could be made. At the Children home in Durbanville they seek to nurture and offer loving care to children from abusive or troubled backgrounds, in order to help them to be safe and have the opportunity to develop into mature, well-balanced men and women. The home opened their doors in 1883, today they care for 169 children from various communities in the Western Cape.

The children are from both sexes and all ages from birth to 18 years as well as all races. These children often need therapy as well as specialized care. Most of the children have had to face extreme trauma in their young lives and as a result of broken homes, extreme poverty, HIV and many other factors. Many of them have been neglected, abused sexually, emotionally and physically and experience traumatic psychological effects thereof.

### Volunteer tasks and involvement

- Assisting childcare workers in a house
- Taking care of the children
- Working in the volunteer department
- Updating systems
- Organizing fundraising events
- Coming up with new ideas to implement
- Putting together marketing material
- Doing presentations
- Working on PowerPoint and video presentation, training documents etc.

The volunteer will mainly work with the children, in areas where volunteers normally assist, like working in a house with 12 children and a childcare worker and helping to care for and run the house.

Volunteers that have a driver's licenses would be a good advantage. The volunteer's attitude is more important than their qualifications. The volunteer must be prepared to work in different fields and must be open to learn and experience new things. Volunteers must be team players and must be prepared to share living quarters with other volunteers.

All the volunteers work shift work on a two-week rotational basis. If a volunteer is

working in an office the general hours are from 9-5 pm but they may be expected to help out sometimes after hours or on weekends and then will get time off the following week. All other positions work on a two week basis and only get every second weekend off (they get days off in the week). A volunteer should work 40 hours per week (average), but this only balances over the month as it all worked out on a shift basis.

In service training involves:

Volunteers will be allocated to a CCW who will give the following training:

- House routines + tasks
- Playtime
- When children are allocated to watch TV
- When children are allocated to go to town
- Weekend program
- Ordering of daily, monthly and weekly supplies
- Inventory: Clothes: changing and fetching of clothes
- Laundry: marking of clothes and when to send items to the laundry
- Medication: giving and documenting of medicine
- Accompany children to the doctor, clinic appointments and giving written feedback of each visit.
- Maintenance request
- Toiletries
- Birthday + presents
- Day outings (correct forms and procedures\_
- How to handle children's behaviour
- Referral of children to Sister Sylvia and social worker
- And consequences: report of incidents

## Accommodation

Accommodation is provided for the volunteers and they get three meals a day. Laundry service is also free of any costs. The volunteers will stay on the venue of the Children home, so no transport is required.

## Your arrival

On arrival in Cape Town Kickstart will welcome you at the airport and transfer you to your accommodation in Cape Town or directly to the children home. If you decided to do the orientation days, you will be booked into a backpacker for three nights and experience Cape Town's most popular and famous spots like Table Mountain, the Winelands and Cape Point. You also get to explore Cape Town via a City Tour and experience a township.

Your Cape Town orientation will begin the Wednesday before your Children home project begins.

So make sure, that you book a flight to Cape Town and allow for the extra time!

On Monday morning we will give you a lift to Durbanville and you will start your volunteer project!

### **Programme fee includes:**

Placement with Children Home

Airport transfer to accommodation and welcome package

Shared accommodation and meals provided by Children Home

Welcome and information package (includes important information, vouchers, Cape Town map...)

Personal contact in Cape Town and network with other international students

24/7 Support from Kickstart

Discounted trips, activities in South Africa

If booked orientation days: 3 nights in backpacker, activities in Cape Town

### **Programme fee excludes:**

Flights to Cape Town and back

Visa costs of 60Euro for a 90days visa (visa extension costs R425)

3 days introduction in Cape Town

Personal insurance (medical and travel) cover

Personal expenses